



# CORE TRAINING

worksheet

How to Engage in Culturally  
Complex Conversations





# Barriers to Engagement

## Barrier 1 | \_\_\_\_\_

- Our \_\_\_\_\_ tells us we're \_\_\_\_\_ about things. Our fear tells us not to \_\_\_\_\_ the idea that we might not be \_\_\_\_\_ .
- Quote: Pride will always be the \_\_\_\_\_ between \_\_\_\_\_.

## Barrier 2 | \_\_\_\_\_

- Bigotry simply means \_\_\_\_\_.
- Quote: Partisanship is our great \_\_\_\_\_. We too readily \_\_\_\_\_ that everything has \_\_\_\_\_ and that it is our \_\_\_\_\_ to be on one or the other.

## Barrier 3 | \_\_\_\_\_

- Too much passion can cause us to \_\_\_\_\_ others \_\_\_\_\_ us .
- Quote: If \_\_\_\_\_ you, let \_\_\_\_\_ hold the reins.

## Barrier 4 | \_\_\_\_\_

- The \_\_\_\_\_ of \_\_\_\_\_ is greater than the \_\_\_\_\_ of \_\_\_\_\_.
- Quote: Truly \_\_\_\_\_ will never want to \_\_\_\_\_ over anyone. They will want to \_\_\_\_\_ them.

## Barrier 5 | \_\_\_\_\_

- People who are \_\_\_\_\_ will always look for something \_\_\_\_\_.
- Quote: Petty things become \_\_\_\_\_ when people are \_\_\_\_\_ about a \_\_\_\_\_ than \_\_\_\_\_.

## Barrier 6 | \_\_\_\_\_

- Sometimes our \_\_\_\_\_ are so \_\_\_\_\_ that having \_\_\_\_\_ conversations is just an \_\_\_\_\_ in \_\_\_\_\_.
- Quote: Numbing the \_\_\_\_\_ for a while will make it \_\_\_\_\_ when you finally feel it.



# Rules of Engagement

Rule 1 | \_\_\_\_\_

- Hold your \_\_\_\_\_ enough so you can \_\_\_\_\_ another.
- Quote: There's a \_\_\_\_\_ side to every \_\_\_\_\_. The \_\_\_\_\_ is to find it.

Rule 2 | \_\_\_\_\_

- Probably one of the most \_\_\_\_\_ things to do in \_\_\_\_\_ is to \_\_\_\_\_ to \_\_\_\_\_ with whom we \_\_\_\_\_.
- Quote: \_\_\_\_\_ in such a way that others \_\_\_\_\_ to \_\_\_\_\_ to you. \_\_\_\_\_ in such a way that others \_\_\_\_\_ to \_\_\_\_\_ to you.

Rule 3 | \_\_\_\_\_

- Only \_\_\_\_\_ become \_\_\_\_\_.
- Quote: If you are not \_\_\_\_\_ to \_\_\_\_\_, no one can \_\_\_\_\_ you. If you are \_\_\_\_\_ to \_\_\_\_\_, no one can \_\_\_\_\_.

Rule 4 | \_\_\_\_\_

- To \_\_\_\_\_ another person's \_\_\_\_\_ is to \_\_\_\_\_ that they are being \_\_\_\_\_ with you .
- Quote: A growing \_\_\_\_\_ can only be \_\_\_\_\_ by \_\_\_\_\_.

Rule 5 | \_\_\_\_\_

- When we \_\_\_\_\_ others, we \_\_\_\_\_ ourselves. It's hard to \_\_\_\_\_ people.
- Quote: Those who \_\_\_\_\_ to others, \_\_\_\_\_ it not for \_\_\_\_\_.

Rule 6 | \_\_\_\_\_

- The \_\_\_\_\_ of our cultural \_\_\_\_\_ must be \_\_\_\_\_, not \_\_\_\_\_.
- Quote: To \_\_\_\_\_ without \_\_\_\_\_ how to \_\_\_\_\_, \_\_\_\_\_ the person we love.



## **Journaling**

Please write down any additional thoughts or insights you have as a result of going through this core training course. Focus also on how you will apply these principles.

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